

March 23rd, 2020

Dear Cambridge Village of Apex Residents and Families,

Due to the growing nature and spread of the Coronavirus (COVID-19) in the United States, Cambridge Village has decided to modify specific services to decrease the potential for the virus impacting our community and our vulnerable population. With the number of positive cases in Wake County growing daily, we are wanting to ensure residents are staying in the community and limit exposure as much as possible. To do this, we do need your assistance to adhere to the recommendations and policies that are in place. We strongly believe by taking these measures now, we will all get back to more normal activities in a shorter amount of time.

We encourage you to be prepared in your home with supplies including food, water, toiletries and cleaning supplies. Have a plan in place with your family if you should need additional assistance or transportation.

Community/Travel Exposure:

- We strongly advise that residents stay inside of the community.
- From this point forward, if a resident chooses to leave the community to visit family in the triangle area or beyond, we ask that you stay with family and not return to the community until the restrictions are lifted.

No Non-Essential Visitation:

- Visitation to the community is now limited to essential staff and healthcare providers.
 - *Any family-related caregivers will need to sign documentation to ensure best practices while outside of the community in order to continue visitation.*
- Staffing on-site will be limited to essential personnel.

Restaurant:

- Our restaurant will continue to operate with the to-go system that started on 3/14. Menu copies are available at the front desk and in the restaurant. You can call the front desk to see what is on the menu as well. These menus are subject to change based on food availability.
- Meal times:
 - Monday-Saturday
 - Lunch: 11:30am-1:30pm

- Dinner: 4:30pm-6:30pm
- Sunday
 - Brunch: 11:00am-1:00pm
- Residents will order and pick-up meals at the to-go stand in the restaurant. Deliveries will be available via phone.
- We are selling items like toilet paper, paper towels, desserts, canned juices/drinks, and more in the restaurant.

Salon & Spa

- Wake County has officially closed all Salons through 4/30.
- Any upcoming salon or massage appointment is cancelled.

Wellness Center

- At this time, we are advising against the use of the wellness center for residents.
- Staffing will be limited in this area.
- Personal training appointments will be held in residents individual apartment.

Transportation

- Transportation will be exclusively for urgent medical needs.

If you begin to experience signs of upper respiratory/fever symptoms, reach out to the front desk, Interim, or Neighbor Health.

Our goal is to be proactive during this time and stay ahead of the virus. Our executives from our corporate office, Wilmington location, and I are on conference calls twice a day making sure we are taking the steps required to limit the chance of COVID-19 impacting our community. Restrictions are subject to change at any time. We will continue to keep you informed as decisions are made.

I am available by phone call if you have any questions.

Sincerely,

Sam Murray
Executive Director
Cambridge Village of Apex
(919) 629-8148